



November 2017 CBA NEWSLETTER

Prepared by the CBA Mothers Club
Lisa Swabsin, Chairperson

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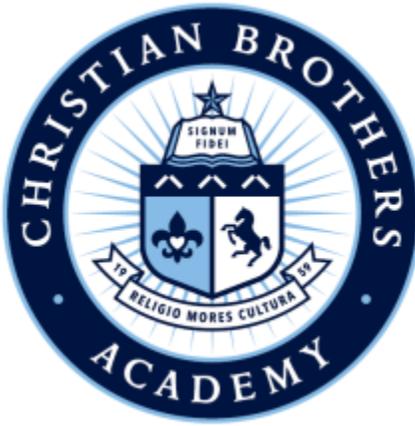
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<h2>2017-2018 Executive Board CBA Mothers’ Club</h2> <p>Moderator: Brother Frank Byrne</p> <p>President: Lisa Murray</p> <p>Past President: Shari Spellman</p> <p>Vice President: Beth Caruso</p> <p>Treasurer: Lauren Gorski</p> <p>Secretary: Lynn Retterer</p> <p>Communications: Christine Dyer</p>	<h2>Calendar of Events</h2> <table border="1"> <tr> <td style="text-align: center;">November 28</td> <td> “Raising Resilient Kids in Challenging Times” Henderson Theater, 7:00 p.m. </td> </tr> <tr> <td style="text-align: center;">December 11</td> <td> Mothers’ & Fathers’ Clubs Liturgy RSVP: Lisa Murray </td> </tr> <tr> <td style="text-align: center;">January 27</td> <td> 4th Annual Blue & White Casino Night Click here to register </td> </tr> </table>	November 28	“Raising Resilient Kids in Challenging Times” Henderson Theater, 7:00 p.m.	December 11	Mothers’ & Fathers’ Clubs Liturgy RSVP: Lisa Murray	January 27	4 th Annual Blue & White Casino Night Click here to register
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January 27	4 th Annual Blue & White Casino Night Click here to register						



Message from the Principal: R. Ross Fales

HAPPY THANKSGIVING! 🔔

The First Quarter of the year has come to a close and grades have been submitted. The grades are considered final on Friday, November 10, and parents are encouraged to check the Portal to see student progress. Parent Teacher Conferences will be held on Thursday evening, November 16, from 6:00 - 8:00 pm. Please review your son's grades and perhaps print a schedule of teachers before coming to conferences so that the appropriate teacher can best answer any questions you may have. Thank you.

Tuesday, November 28 from 7-9 pm

The **Mental Health Association of Monmouth County** will be giving a presentation for parents in the CBA theater called "Raising Resilient Kids in Challenging Times".

The presenters:

- Susan Tellone MSN, BSN, CSN, RN
- Nicole D'Amore, MPP, LSW.

PLEASE JOIN US FOR A FREE PARENT PRESENTATION AND Q&A

Parenting has never been easy, but in the last few years the challenges parents face seem to have grown dramatically. How to stay on top of as many of these challenges as you can while retaining your sanity will be the topic of this engaging workshop. Come listen to experts in the field explain how to increase the protections that can buffer your children from stress. Learn about local and online resources that may make your job as parents just a little bit easier!



119 Ave of the Commons, Ste 5, Shrewsbury NJ 07702

732.542.6422

www.mentalhealthmonmouth.org

A reminder regarding drop off's and pick up's of CBA students.

As in the past we ask that you do not drop off or pick up from the Fleming Hall Parking Lot. If the pick-up line of cars is too long upon arrival, we ask that you enter campus and pull around back to the student parking lot where students can be easily picked up. Please do not line up on or in any way obstruct traffic on Newman Springs Road. The Middletown Police have requested this and specifically asked that students not meet their "rides" and get picked up out on Newman Springs Road. Thank you.

These are some interesting articles on the effects of smartphone and technology use on people and specifically developing adolescents:

[TIME article on smartphones and depressions](#)

[Wall Street Journal article on how as the brain grows dependent on phone technology, the intellect weakens](#)

[Business Insider article on how Bill Gates and Steve Jobs limited cell phone use for their kids](#)

Thank you,



R. Ross Fales, Principal

Mothers' Club President's Message



By: Lisa Murray
Mothers' Club President

Each year seems to pass by so quickly, yet I am always surprised how fast the holidays arrive once the school year begins! The first quarter is over and I feel I've barely caught my breath from the "Start of the School Year" rush.

With Thanksgiving upon us, I have a number of people to thank for all they have done for the Mothers' Club during the hectic first few months of the school year.

- ✓ First, thank you to Sherilyn Przelomski, Colleen McGuire and Debbie Lotosky and all of the hospitality committee volunteers for their help with Parent Orientation, Back to School Night and the Open House.
- ✓ Secondly, thank you to Judy Broehl, Shari Spellman, Mary Ann Dooling and the entire committee who worked so hard to make this year's Fall Luncheon and Gift Raffle an incredible success. We raised a total of \$67,000! The event sold out with over 550 women in attendance and we exceeded previous year's totals with our stunning array of fabulous gifts and our 50/50 raffle.
- ✓ Also, thank you to Lauren Gorski, our Treasurer, and Christine Dyer, Communications Officer, for their tireless efforts and generosity.
- ✓ A very special thank you to all the CBA families who supported this event. We could not enjoy such success without your continued support and participation. Thank you to the dads and our CBA young men that also helped out. We could not do it without everyone's help. THANK YOU!

On Tuesday, December 5th, SADD will be hosting their **Annual Dinner for the Troops** at 7:00 pm. The Mothers' Club generously provides dessert for the event. Would you kindly consider baking cookies, brownies, cupcakes or cookie bars for this worthy cause? Desserts can be dropped off at school the morning of the event to Mr. Frake, SADD moderator. Please mark your son's name and SADD Dinner on the dessert. Drop off preferred after school day of the event or contact Mr. Frake for other drop off instructions. Thank you for your support of our Troops and our CBA SADD club!

Once again, the Mothers' Club and Fathers' Club will be hosting a **Christmas Celebration** together this year. There will be no Monday Night Mothers' Club meeting for December. Instead, on Monday, December 11th at 7:00 pm, there will be a Liturgy in Henderson Theater to which all parents are invited. After Mass, we will have a reception in the cafeteria. So that we may properly prepare, we ask that you RSVP to me via email at lisa_murray0605@yahoo.com by December 5th.

We will continue our tradition of a cash **Giving Tree to benefit Project 180 Turning Lives Around** in Hazlet. You may still bring paper products, feminine hygiene and baby goods to this event. We encourage ALL parents to attend- even if you have not come to our meetings before. It is a great way to get to know some of the other parents at CBA in a relaxed environment!

We are excited to announce our next big event--The [4th ANNUAL BLUE & WHITE CASINO NIGHT](#)--which will be held on Saturday, January 27, 2018 at Battleground Country Club in Manalapan - 6:30-10:30 pm. This fun night is open to all CBA parents, alumni and friends (over 21) \$100.00 per person includes: Buffet dinner; carving station; beer; wine; champagne; soft drinks and \$100.00 in Casino Chips.

EARLY BIRD REGISTRATION SPECIAL...all registrations post marked by DECEMBER 15th, will receive

any extra \$50.00 in Casino Chips, for a total of \$150.00 in Casino Chips! This will be the only discount! There will be a Wine Wall, (where everyone is a winner), a gift raffle, Silent Auction, 50/50 raffle and much more! Mark your calendar and get your [registration](#) in early!

I have met so many new and returning parents who give so much of themselves –their time, talent, support as well as monetary contributions- for the betterment of CBA. Your involvement is needed, wanted and tremendously appreciated. Information on upcoming events is included in this newsletter, your CBA calendar and online at www.cbamothersclub.org

Wishing all of our CBA families, faculty and staff a very Happy Holiday Season!

Lisa Murray
Mothers' Club President

Fathers' Club

By: Jack D'Agostaro
CBA Fathers Club President



It has been a busy few months for the Father's Club. Since September we have hit the ground running and have been busy with our fall schedule of events.

The Father's Club assisted with **traffic control and parking** at the Back to School Night on September 14 and at the CBA Open House on October 1. On, October 28, the Father's Club provided traffic control support for the CBA Entrance Exam. The weather cooperated and we were able to safely manage over 350 cars for the exam drop-off and pick up. It is always exciting to see the large turnout of families interested in attending the Academy.

The **Ninth Annual Brother Andrew Memorial Golf Outing** was held Monday, October 2 and was another great success. We had an excellent turnout of 142 Golfers and we exceeded our fundraising goals. I want to thank all the golfers, sponsors and volunteers who helped make this event so successful. I especially want to thank the CBA Mother's Club Moms who provided assistance at the event. As always they did a great job. Thanks!

On Monday, December 11 at 7 PM, we will join with the Mothers' Club to host our annual **Christmas Liturgy**. Mass will be held in the Henderson Theatre, immediately followed by a Christmas Cocktail reception in the cafeteria. This is always a special night and I hope you can join us.

Our next **Father's Club meeting** is **Thursday, January 18** at 7:00 PM in Alumni Hall. Our meetings are casual with a hot meal and beverages provided and are a great opportunity for our Dads to relax and socialize after a hard day at work. We are planning our Spring events and are looking for support from our Dad's to help make these events a success.

Please visit the Father's Club section of the CBA website to see the schedule for all our meeting and upcoming events. You can also visit the CBA Father's Club Facebook page at: <https://www.facebook.com/CBA-Father's-Club-193632397843633/>.

Please accept my warmest wishes for Merry Christmas and a Happy New Year!

Regards,

Jack D'Agostaro
CBA Father's Club President

Guidance Services



Seniors

College decision letters will arrive in the next few weeks for those students who applied either through an Early Action or an Early Decision Program. Our counselors will be here to share the joy or help you plan your next steps. Come see us and make sure you update your Naviance pages to reflect the decisions you receive.

Also, if you are planning (or are remotely interested) in playing a sport in a Division I or II college/university, you should submit the NCAA clearinghouse form on line at www.ncaaclearinghouse.net within the next few weeks. This is necessary in order for the clearinghouse to deem you eligible to practice or play at college.

Junior and Sophomore Parents:

The PSAT test results are useful in projecting SAT marks. These results will be available to your son during the week of December 11-15. Please check with your son for the test results. This test is also used to select the National Merit Scholars from the Junior class.

Junior Parents:

The Junior College Information Night was a great success. Thank you all for coming. You are encouraged to begin to visit colleges over the Easter break and the summer to help determine the type of campus in which your son would be most successful, academically and personally.

Once we receive the results of the recent PSAT, SAT or ACT, parents can schedule a conference with their son and his guidance counselor. The latest date for appointments is Mid-April. To schedule an appointment, please contact your counselor at 732-747-1959 - Mrs. Hayes, ext. 107, Mr. McCaig, ext. 210, Mr. Leonardo, ext. 109.

All Students and Parents:

Holiday Studying: It is strongly recommended that students spend time reviewing for exams over the Christmas vacation. All students (freshmen in particular) need to remember that mid-terms will be cumulative from September and that the exam grade is worth 25% of your semester grade.

All Parents:

An email was recently sent to all parents inviting you to a free parent presentation given by the Mental Health Association of Monmouth County, ***Raising Resilient Kids in Challenging Times***. It is scheduled for Tues. Nov. 28 from 7:00 – 9:00 p.m. in Henderson Theater. All are welcome to attend.

The Guidance Staff wishes you a blessed Christmas and a very happy and productive New Year.

SAT and ACT Preparation



ATTENTION Parents of Juniors! March SAT!

Since March, 2016 the SAT has been greatly changed and revised. The Prep-SAT Program is prepared to guide students through the changes and toward proper preparation for the new exam. Furthermore, starting last June, we now have a program in place for students who intend to take the ACT.

- ✓ Our **Winter Prep Programs** for SAT and ACT begin on FEBRUARY 6TH (evening sessions available for SAT).
- ✓ Our **SAT Writing Program** begins on JANUARY 29TH (afternoon sessions only).

Students from all schools are welcome. Applications are available in the Main Guidance Office.

One-on-One tutorials are available for interested students. For all questions and issues, please email Mr. Joseph Fili, Director of the Prep-SAT Program: jfili@cbalincroftnj.org

CBA Blue and White Casino Night - 2018



LET'EM ROLL

CBA Blue and White Casino Night - 2018

Our annual CBA Casino Night features a night of 3-Card Poker, Blackjack, Roulette, and more. Tickets are won in lieu of cash for a chance to win amazing prizes that have been donated by our generous CBA community.

New this year, our exciting auction items with incredible prizes!
We found the perfect setting for this year's CBA Blue and White Casino Night

Location: Battleground Country Club, Manalapan, NJ
Date: January 27, 2018
Time: 6:30-10:30

Ticket Price \$100.00 includes Cocktail Hour, Dinner Buffet Menu, soft drinks beer/wine and \$100.00 in Casino Money.

FOR FURTHER INFORMATION OR TO PURCHASE TICKETS, VISIT
WWW.CBALINCROFTNJ.ORG/PARENTS/MOTHERS-CLUB/

Early Registration SPECIAL!!!
CBA's Blue and White Casino Night
Register before 12/15/2017 and receive an additional **\$50.00**
in Casino Money for a total of \$150 in Casino Chips
Make Check payable to CBA Mothers Club, Mail to:
CBA Mothers' Club Casino Night
850 Newman Springs Road Lincroft, NJ 07738