

CBA Mothers' Club Monthly Meeting Minutes
January 9, 2023
Called to Order 7:30 p.m.

Executive Board Members 2022-2023:

Moderator	Bill Attardi
President	Paula McKeon
Vice President	Rosemarie Lakeman
Treasurer	Maureen Yurcisin
Secretary	Jennifer Hughes
Communications Officer	Maureen Faletti
Past President	Beth Caruso

Tonight's meeting began with an opening prayer for the new year by our president, Paula McKeon. Paula then went on to remind everyone of the refreshments offered by our wonderful Hospitality committee. She then went on to discuss two upcoming Mothers' Club events, the Winter Bash, to be held on Saturday January 28, and the Mother-Son Dinner on March 30 at Addison Park from 6-10pm. Information regarding ticket purchases for this event will be available online shortly. This event was very popular and sold out last year!

Nashville Trip Raffle tickets that will be sold at the Winter Bash for a Nashville Trip, were also available for purchase at tonight's meeting.

Paula then went on to introduce our speaker for the night, CBA's new Director of Guidance, Mr. Patrick Brennan (CBA '07).

Mr. Brennan began by telling us a bit about himself, and how he is a CBA alumnus whose father was the Director of Guidance at CBA when he was a child. He spoke very fondly of his CBA experiences. After graduation from CBA, he began his career in college admissions for Monmouth University and Providence College. He went on to mention all our guidance counselors at CBA and how the department is structured. Currently, there is one counselor for Freshmen, and Sophomores through Seniors are split amongst the remaining counselors. He then discussed his belief in a "three-pronged approach", consisting of personal counseling (focusing on social, emotional, and mental health), academics, and college counseling. This creates a holistic approach to counseling at CBA. For example, wellness week will be introduced this month, coinciding with midterms. Mr. Brennan went into detail on each prong, explaining the significance of each as well as what is done at each level. Mr. Brennan concluded by opening it up for questions/discussions.

The meeting concluded with raffle prizes from our Hospitality committee.

Meeting Time: 1 hour 12 minutes