



Sophomore Family Resources

From the Office of School & College Counseling

ACADEMIC SUPPORT

NHS Peer Tutors	Enrichment	Extra Help
<p>What: Peer tutoring with CBA Students</p> <p>When: Wednesdays during Enrichment (will be posted in morning announcements)</p>	<p>What: Group sessions with teachers from each academic department</p> <p>When: Enrichment period on Wednesday mornings. Schedule emailed & posted weekly</p>	<p>What: Individual or group meetings with student's teacher</p> <p>When: Dependent on teacher schedule, students are encouraged to schedule ahead of time</p>

COLLEGE ADMISSIONS SUPPORT

College & Career Planning Class

In junior year all students will take a year long course: College and Career Planning. They will research colleges, work on their applications, learn important terminology & deadlines, and draft their college essay.

Individual & Group Check Ins

Counselors will meet with sophomores individually and in smaller cohort groups throughout sophomore year to check in on academics, discuss course selection, set goals for junior year, and begin conversations about college.

Night Programs

The Counseling Office hosts multiple night programs for families in Junior and Senior year. These include: A College Kickstart Series, Financial Aid Night, Athletic Recruitment Night, Senior & Junior Family Nights, and a College Admissions Panel.

Family College Planning Meeting

In junior year, each family will have a scheduled individual visit with their son's counselor and their son to go over their college process.

College Representative Visits

Each year, more than 100 colleges visit CBA for information sessions for our students. This is an opportunity for students to meet their Admissions Representative and learn more about the school.

FALL EVENTS - SAVE THE DATE!

Monmouth County NJACAC College Fair

Monmouth University
October 13, 2024
1:00-4:00 pm

In-School PSAT Day

CBA
October 9, 2024
8:30 am-12:30 pm

College Athletics Recruitment Night

CBA
November 21, 2024
6:30 pm

UNDERSTANDING PSAT SCORES

In preparation for **In-School PSAT DAY** all students must download **BLUEBOOK** to their device.

- The PSAT is scored on a scale of 320-1520.
- The score report will give the overall score and the score in each section
 - The Evidence Based Reading & Writing Section and Math Sections are both scored on a scale of 160-760
- The score report will also show percentile rank. This indicates how a student's test score compares to others (nationally) who took the PSAT.

When Score Reports are released:

Students should link their PSAT score to Khan Academy for free specifically tailored test preparation.

WHAT SHOULD WE BE DOING NOW?

FALL & WINTER

- Join or continue participating in clubs/activities
- Find out times where teachers can meet for extra help
- Take the PSAT (taken at CBA)
- Review qualifying grades for Honors and AP classes
- Explore college majors & careers that align with your son's interests

Family Discussion:

What can we do to work as a team to support managing school work and extracurricular activities?
What classes/activities are most enjoyable? What goals can you accomplish within them?

SPRING/SUMMER

- Take campus tours and attend information sessions
- Enter activities & experiences in Maia Learning to build a resume
- Apply for summer opportunities: College Immersion Programs, Jobs, Camps
- Make selections for your junior year course schedule with your school counselor

Family Discussion:

How will finances play a role in deciding on a college?
What kind of learning environment (school size, location, distance from home) feels like the best fit and why?